



*Together we will
Immerse in the
Sacred Arts of:*

- SHAMANISM
- BREATHWORK
- BODYWORK
- MOVEMENT
- TRANSPERSONAL
JOURNEY WORK
- ART THERAPY
- SACRED
EMBODIMENT
- FEMININE ARTS
- RITES OF PASSAGE

Welcome

TO THE
FEMININE
EMBODIMENT
2024 TRAINING

Please browse over the
frequently asked questions.
We are here to help



What seeds are you
sewing for 2024?

FOLLOW YOUR PASSION

*

TRANSFORM YOUR LIFE

*

**WORK WITH YOUR IDEAL
CLIENTS**

*

**LEARN HOW TO
FACILITATE GROUPS**

*

**BEGIN FEMININE
MENTORING**

Congratulations ...

**FOR CONSIDERING 2024
TO BE YOUR YEAR!**

We are living in challenging times, where it is essential to come home to our body & connect. And you have chosen this, both for yourself & as a guide for others.

This work & sacred training is an investment into the future; both yours & the planets.

Thankyou for choosing to be part of this sacred movement. I see you. I honour you. I am grateful for you.



TIMETABLE

2024 TRAINING TIMES

We will begin our training schedule in March 2024 & conclude in July 2024; operating Brisbane time, Australia.

Wherever possible please reserve every 1 night /Fortnight on Mondays from 6 pm - 7/7:30pm AEST class time for the 4 months intensive of the course. (Dates will be provided).

These online training nights will set the basis of our live connection time. We will dive into the depths of Art Therapy, using the Breath, appropriate use of Touch, Shamanism, Sound & Ceremony, Womb work, Journey of Woman, Embodied Practices as well as how to Facilitate & Hold Therapeutic Space for the Transformation of Others.

Monday nights will be a mix of Theory discussions, Group sharing time, Q & A's and Group connection time.



FAQ'S

FREQUENTLY ASKED QUESTIONS

What if I can't attend classes live?

All online live classes are recorded and will be loaded into the portal for replay within 24 hrs.

Why are classes set to these times?

Our live online class times have been selected to try and best accommodate suitable times in the different time zones around the world, with the hope of matching lunch times in the Northern Hemisphere and evenings in the Southern Hemisphere. Every effort has been made for our global family to suit both working women and busy mums to carve this sacred time for them.

We operate AEST - Brisbane, Queensland, Australia.

FAQ'S

FREQUENTLY ASKED QUESTIONS

Do you offer Payment Plans?

Yes of course. Please see payment plan info provided. Please also reach out if you need further support.

Can I obtain Insurance after completion of my training?

Yes. If you attend the minimal 50% live class attendance plus full participation in replays and course content, as well as documentation of your 5 case studies, then you will be eligible for application for worldwide registration & Insurance coverage with IICT.

How much study time is required per week?

This training is designed to be embodied by nature, and does not enforce drawn out cognitive focus. The training offers visually beautiful workbooks, as well as audio and video learning to accomodate the varied learning styles, as well as interactive and community based learning and embodied practice's.

FAQ'S

FREQUENTLY ASKED QUESTIONS

How much practice time is required each week?

To the extent that you invest in your practice, to that degree you will experience the fruits. You will most certainly receive the investment of what you put in and we highly recommend wherever possible a strong focus on self care and the embodied practice of the skills you are learning. Saying that whatever you can do is up to you, and we understand everyone's timetable will be different.

Will we have a chance to get together in person?

We most certainly will! The absolute magic of this sacred work is when we get together in person for our live 7 day retreat. We will get to know each other well, and will journey thoroughly with the theory and embodied content to really gain the most of our time together. Bonus Local Day Retreats may also be offered for those who are able to make them in person.

Where will the 2024 - 7 day retreat be located?

The details on the 2024 are not yet finalised however the location will be Bali on 25th-31st March 2024.

FAQ'S

FREQUENTLY ASKED QUESTIONS

What if I can't attend the retreat?

We highly recommend you do! If you cannot this year due to personal circumstance, you are welcome to attend a future Feminine Embodiment retreat if the situation presents. Please note however the location, format and costings may vary for future events and we would highly recommend attendance as close to your training as possible.

Are there additional costs in the training?

There are no additional fees and our training fees cover the tuition time for our 7 day non-residential retreat experience. Catering, accommodation and airfares to the retreat venue and for the duration of the retreat however are not included. Once the venue is fixed we will do our best to create an accommodation and combined catering package for the best price possible, (we do not profit from this) and you are also welcome to explore alternative options and seek your own food and accommodation.



FAQ'S

FREQUENTLY ASKED QUESTIONS

Why have we chosen these retreat locations?

It is our belief that these Feminine Embodiment teachings combine beautifully with lush, fertile and abundant locations for the soul to soar! We also do our best to find places that offer temple like experiences, or have priestess or shamanic potency.

The feminine spirit thrives best in beauty, deep nature and an environment where her body and spirit are well held: In the lush folds of nature, in the sacred waters of pure & natural elements and with nourishing life-giving, soul inspiring experiences that tend to the body and being. We have chosen these locations and experiences especially for this

Please budget some extra money for travel and for this unique, once in a lifetime, life changing experience..



FAQ'S

FREQUENTLY ASKED QUESTIONS

I live locally, in the South East Queensland area, is it possible to meet more regularly in person?

If you are lucky enough to live within travel distance of the Sunshine Coast Queensland, Australia where Zoe lives there may be options for additional gatherings in person.

Throughout the year Zoe runs groups for the public and for graduates and enrollees of the Feminine Embodiment Training. These are run as 1 day 'experiential' retreats, and hold a smaller, additional fee for participants. Please see additional info for FE Day Retreats and Dates for 2024.

In addition to this Zoe holds an annual Feminine Embodiment retreat for ALL women associated with the training. This may be in Australia or overseas.

This is a great way to meet the larger FE Community.



Soul Arts International

EMBODY TRUE
FEMININE POWER

EMPOWER WOMEN
TO HEAL

LEAD THE WAY
FOR YOUR
SISTERS

COMMUNICATION

STAY CONNECTED

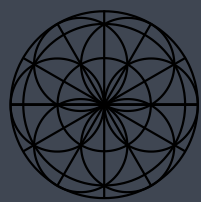
QUESTIONS OR CONCERNS

If you have any questions or concerns about any aspect of the course or training please organise to have a zoom session with Zoe so we can answer them. Simply email: Contact@soul-arts.com to book an appointment time to speak with Zoe.

In the meantime please look over our Welcome Package, Policies Information and you are welcome to register your interest by submitting your enrolment form to:
www.soul-arts.com/certification



Soul Arts International



SACRED FEMININE
MENTORSHIP

*

EMBODIED
LEADERSHIP

*

THERAPEUTIC
CREATIVE ARTS

**THANK YOU FOR
CONSIDERING YOUR
PLACE IN THE CIRCLE**

Please don't take too long to decide,
as places in the 'Feminine
Embodiment Training'
are limited to 25.

We look forward to bringing this
intimate and potent training to you
for 2024!